



Child Raising Seminar

Realizing Your Distance to Your Child

The Illusion of “I was like that back then.”

When you actually start raising kids, you will have trouble figuring out how you would nurture your child.

This is perfectly normal, because you are on there right away, before any formal training.

When you raise your child, you tend to rely on your experience, “When I was small, I was like that.”

But the truth is that everything, from gender, generation to personality, there are so many things that divide you from your child.



Realizing that your child is not you

If you are facing a total stranger, it is easy to admit that you are different from the other.

But to those who share the blood, you are liable to think "he/she might be the same."

To think that your child = you is something rooted in the human instinct and enhances affection, however, this is also the bottle neck in today's child raising.

Go through a self-check test on the next slide!





Self-check list to measure your distance to your child.

- You think why your child fails to do what you were able to do when you were small.
- You tend to tell your child, “you are this type of person, so doing this would help you.”
- You feel that your child often neglects what you tell them.
- You tend to compare your child to other children in growth and behavior.
- You often think, “I am in trouble but why is my child oblivious to it.

Find out the differences between you and your child.

The best practice is to realize how different you are from your child. Start from writing down points about yourself and your child.

	You	Your Child
Favorites		
Don't likes		
What things you can continue		
What you can't continue		
What you find hilarious		
What you find moving		
What you find		



Focus on the differences and think about it.

From affinity, you tend to look at your child's similarity to you, but let us look at **"what is different."**

Write down all you can think of the differences between you and your child.

Write down differences between you and your child.

Aren't you pushing your views on the "dissimilar" parts of your child?

Once you found out about the differences, you would realize most of your troubles arise from these points.

No matter what "different," if you keep pushing your ideas onto your child, both of you will feel dissonance, creating conflict.





How would you face the differences

If you find differences that cause conflicts, how should you face them?

One of the effective ways for this is to recall someone you know who has similar traits.

Tips to face differences

- Recall someone you know with similar traits
- Talk to parents of children with similar personality.
- Find a personality type that applies to your child on psychology books explaining types.
- Try out different ways to deal with things than what you would normally do.

Know thyself, know thy child

The important part is to know that you and your child are different, and you need to act accordingly. You would face conflicts time to time, but recall these events and make efforts to build a better relationship!

